



Sailing

CAMPER PACKING LIST

- You will spend a lot of time in and on the water for Sailing Outcamp! In packing for this trip, you should consider clothes/swimwear that you are comfortable while being active in the water. Protection from the sun and extra warmth to protect against chilly winds is also important.
- Remember: Less is more and whatever you bring will come back dirty!



Clothes

- 2 Swim Suits Suitable for Active Days on and in the Water
- 2 Pair Hiking Socks (Wool or Smartwool-Not Cotton!)
- 5 Pair Underwear
- 2 Short Sleeve Shirts
- 2 Long Sleeve Shirts (1 that dries quickly)
- 1 Pair Pants (loose, light fabric or athletic)
- 2 Pair Shorts (1 that dries quickly)
- Fleece Jacket or pullover
- Rain Jacket with Hood
- Hat to keep the sun off / Wool or fleece hat in case it's cold
- 1 Full set of clean clothes to wear upon return

Other

- Sleeping Bag (Packable, Mummy, 20 degree bag preferred)
- Bandana
- Small flashlight or headlamp
- Water bottle
- Toothbrush / Small Toothpaste
- Sunglasses
- Beach towel
- Sunscreen / Bug Spray
- Small Bible
- Towel / Shampoo / Soap to use upon return

Footwear

- 1 pair shoes that can get wet and stay on your feet: keens, tevas, chacos, water shoes, etc. all work
- 1 pair of shoes you can hike in (sometimes sailing groups take a break from sailing and go for a short hike!)

Fowler provides backpacks, sleeping pads, tents, and other necessary group gear. However, if you have your own and would like to bring it, you are welcome to.

Medication should be sent in original bottles and given to the Health Director during Check-in. Your Medication Authorization Form must be signed by a Doctor and uploaded to your Active Account.

Fowler is a **screen-free camp** and electronics are not permitted. This includes cell phones, ipods and music players, computers, tablets, smart watches, & electronic readers.