

Fowler Retreat Schedule – September 26-29, 2017
Encouraging the nurture of a listening heart

Tuesday

- 4:00 – 4:30 Arrival and settling in (rooms in the Chi Rho House are not assigned...choose one and get settled)
- 4:30 – 6:00 Welcome/introductions: We will meet in Chi Rho by the fireplace
- 6:00 Dinner
- 7:00 – 8:00 Framing the retreat//Evening Prayers (meet by fireplace)
- Meet with Spiritual Directors in small groups

*****Entering the Silence*****

“When we make room for silence, we make room for ourselves. Silence invites the unknown, the untamed, the wild, the shy, the unfathomable—that which rarely has a chance to surface within us.” --Gunilla Norris, Sharing Silence

Wednesday (one-on-one spiritual direction will be offered throughout the day)

- 8:00 Breakfast in Silence
- 9:00 – 10:00 Morning prayers
- 12:00 Lunch in Silence
- 5:30 Dinner in Silence
- 7:00 Evening worship

Thursday (One-on-One Spiritual Direction will be offered throughout the day)

- 8:00 Breakfast in Silence
- 9:00 – 10:00 Morning prayers

Noon	Lunch in silence
5:30 pm	Dinner
7:00 pm	Evening prayers...followed by a time of fellowship together

FRIDAY

8:00	Breakfast in silence
9:30 – 10:30	Small groups meet for final spiritual direction reflections
11:00 am	Reflections on leaving retreat Worship with Communion
	(Please pack up and be out of rooms before worship)
12:00	Lunch and departure